

Medications to avoid 5 days before 1st visit

If you have severe hives, itching, or allergy symptoms,
do NOT stop your allergy medications and call!



Avoid ALL Antihistamines, including:

ACTIFED
ADVIL COLD/SINUS
ALA-HIST
ALAVERT-**ALL FORMS**
ALEVE COLD
ALKA SELTZER PLUS/COLD
ALLEGRA-**ALL FORMS**
ALLEREST
ALLERX-**ALL FORMS**
ALLERGY RELIEF MED
ASTELINE SPRAY (ASTELASTINE)
ASTEPRO SPRAY
ATARAX
BC COLD POWDER
BENADRYL
BENYLIN COUGH MED
BROMFED-**ALL FORMS**
BROMPHENIRAMINE MALEATE
CARBINOXAMINE
CETIRIZINE HCL
CHLORPHENIRAMINE MALEATE
CHLOR-TRIMETON-**ALL FORMS**
CLARINEX- **ALL FORMS-OFF 6 DAYS**
CLARITIN-**ALL FORMS**
COMTREX
CONTAC-**ALL FORMS**
CORICIDIN
CO-TYLENOL
COUGH MEDS WITH ANTIHISTAMINES
CYPROHEPTADINE
DIMETAPP
DIPHENHYDRAMINE HCL-**CHECK LABEL**
DOXIPEN
ELAVIL
EXCEDRIN PM
EXTENDRYL
FEXOFENADINE-**ALL FORMS**
HYDROXYZINE PAMOATE/HCL
IMIPRAMINES
LORATADINE

MYLANTAAR
NIGHT TIME SLEEP AIDES
NOREL SR/DM
NYTOL
NYQUIL
PATANASE NASAL SPRAY
PEDICARE
PERCOGESIC
PERIACTIN
PHENERGAN- **ALL FORMS**
PHENYLEPHRINE HCL
PHENOTHIAZINES
PHENYLTOLOXAMINE
POLYHISTINE-**ALL FORMS**
PROMETHAZINE HCL
ROBITUSSIN-**MANY FORMS CHECK LABEL**
RYNATAN/R-TANNATE
SINUTAB
SOMINEX
SUDAFED COLD AND ALLERGY
TAGAMET
TANAFED
THERAFLU-**ALL FORMS**
TIME-HIST
TRIAMINIC-**ALL FORMS**
TUSSIONEX
TYLENOL COLD/SINUS/ALLERGY/SLEEP
VISTARIL
VICKS 44M
XYZAL-**ALL FORMS-OFF 5-7 DAYS**
ZANTAC
ZICAM
ZYRTEC-**ALL FORMS-OFF 5-7 DAYS**

All other meds are allowed!

PLEASE DO NOT STOP the following:

- Asthma meds-**ALL puffers are ok**
- Steroids
- Antibiotics
- Decongestants (such as Sudafed)
- Most NASAL SPRAYS (see list)
- Blood pressure medications
- Heart medications
- Thyroid medications
- Diabetes medications
- Depression medications

**Call 434 951-2191 if
you have questions
about medications!**

Allergy Eye drops to avoid (Don't stop other eye drops!):

ELESTAT
OPT CON A
PATANOL
PATADAY
ZYRTEC EYE
ZADITOR (ketotifen)
VISINE-A